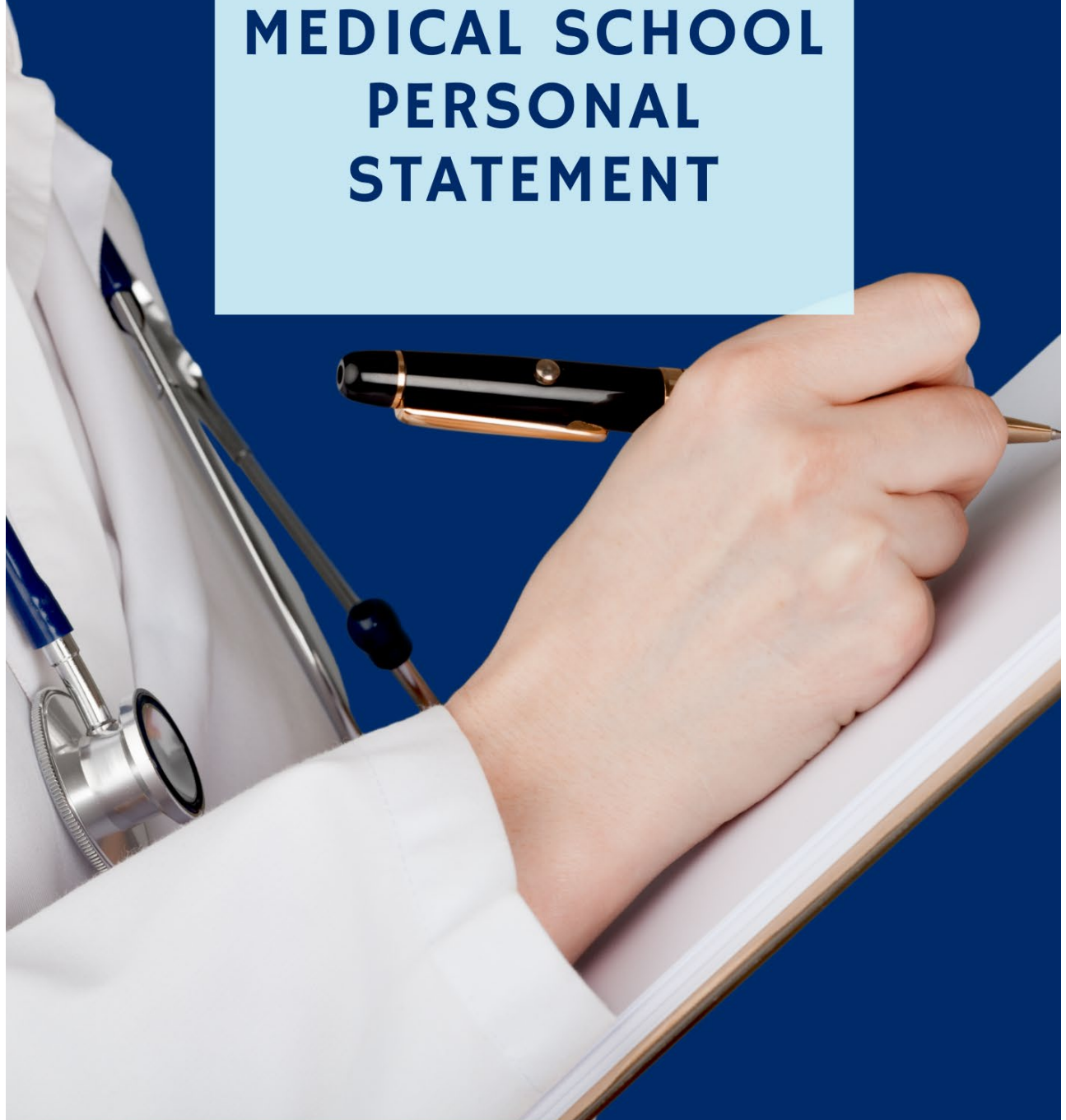




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# WRITING YOUR MEDICAL SCHOOL PERSONAL STATEMENT



An easy-to-follow guide on how to write a personal statement that will get you into medical school

## IT'S HARD TO GET INTO MEDICAL SCHOOL

**FACT:** Getting into medical school is very difficult. Every year, tens of thousands of highly-qualified applicants compete for a limited number of spaces in the upcoming year's medical school, but less than half of applicants actually get in.

The majority of these applicants have high grades, excellent Medical College Admissions Test (MCAT) scores, lots of volunteer experience, and strong letters of recommendation. Yet, very few are accepted into medical school.

At the same time, *not* getting accepted into medical school at all has big drawbacks. You will have to wait another full year to reapply. In addition, you will likely need to spend more time in school to acquire more skills and improve your application. Plus, there are additional difficulties associated with having to reapply to a medical school. You really want to get accepted into at least one school during the first cycle you apply.

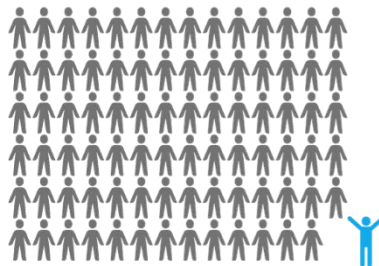
## THE JUST COMPITION GOT TOUGHER

The COVID-19 pandemic has resulted in a huge surge in prospective physicians. Overall, medical school applications have increased by nearly 20% nationally. Let's take a closer look at just a few examples:

Morehouse saw a 26% increase in the number of applications. This year, 8,395 people applied for admission to this medical school. Although this number alone is impressive, it becomes even more so when you realize that Morehouse only has space for 100 new students. In other words, only approximately 1% of applicants are likely find themselves in the incoming class.



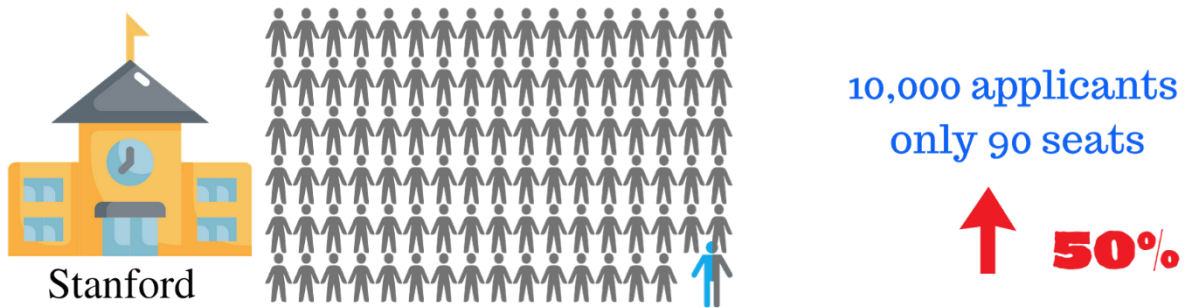
Morehouse



8,000+ applicants for  
100 seats

Stanford is traditionally an extremely competitive medical school with an acceptance rate of approximately 2.4%. Its status as a top medical school has made it especially susceptible to

the surge in interest in medical education. This year, applications have risen by a whopping 50%. Now, over 10,000 students will compete for 90 highly desired spots.



Boston University has certainly not been immune from the tidal wave of applications. 12,024 applicants flocked to the school this year. Admissions officers will turn away most of them. There is room for 110.



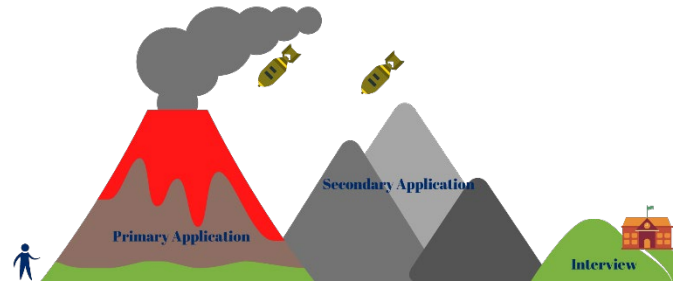
Given the high competition, how can you increase your chances? Although it is certainly tough to get into medical school, it isn't impossible. *However, you must have an effective plan.*

Many prospective medical students fail to achieve admission to medical school simply because they did not have a good application strategy. One of the most prevailing myths about medical school admissions is that having a high grade-point average, and a competitive MCAT score is all that is required to get into medical school. Although this may have been true in the past, this is no longer the case.

## THE SECRET TO SUCCESS

Most medical school applicants enter the application cycle focused on getting an acceptance letter. Although getting accepted to medical school is the ultimate goal, focusing on

the end is not the most prudent course of action. This is because of the probability of getting accepted at each step of the application cycle. It is very difficult to get past the primary and secondary application phases of the admissions cycle. However, if you succeed and are invited for an interview, your odds of getting accepted drastically increase. Some experts estimate that on your interview day, you have a 50% chance of getting accepted! Furthermore, many schools will make their final admissions decisions largely based upon an applicant's interview performance. Therefore, your application strategy should be twofold:



- 1) **Get as many interviews as possible**
- 2) **Give a stellar interview performance**

Today, we will focus on the first step. The surefire way to get an interview to a school is to make the admissions officers *want* to talk to you and learn more about you. Unfortunately, the medical school application is a pretty impersonal document, there are few opportunities to demonstrate your character and build a connection with admissions officers... However, there is one notable exception- *the personal statement*. Although it is frequently underutilized, the personal statement is the ideal tool to convince medical schools to grant you an interview.

## ‘WHAT DO I WRITE ABOUT?!’

You now know that your prime objective during the early part of your medical school application cycle is to secure interviews. You also are aware that your personal statement is the key to earning you those precious interview invitations. Now, let's take a look at what to include in your personal statement.

Many students struggle with their personal statement because they are unsure about what they should write about. The short answer is that you should write about yourself. However, in order to create a compelling and thoughtful essay, you should aim to answer the following questions in your writing.

- Why do you want to become a doctor?

- What skills and experiences do you have that will help you succeed as a medical student and physician?

For the first question, you need to explain why being a physician (and not any other type of medical worker) appeals to you. Medical school is difficult and at times very unpleasant. It would be terrible to attend medical school and discover part-way through that you made the wrong career choice. Medical schools want their students to be successful, do well in the residency match, and go on to a great career. Therefore, they need to see that you have thought carefully about becoming a doctor and understand what you are getting yourself into.

The second question is meant to evaluate your skills. Your transcripts and MCAT scores give schools a solid look at your academic abilities, however, they do not give any indication of what you are like as a person. Recently, there has been a realization among medical educators that the best doctors are not necessarily the smartest. Instead, the best doctors have strong interpersonal skills, are able to develop rapport with their patients, and communicate effectively. In addition, medical schools have also discovered that remediating deficient academic knowledge is much more successful than teaching interpersonal skills to someone who lacks them. Therefore, as you write your personal statement, it is vital to show that your temperament is conducive to forging strong doctor-patient relationships.

## THE ANATOMY OF A PERSONAL STATEMENT

You will be allotted 5300 characters (including spaces) to write your personal statement. Although there are no explicitly stated format requirements for your essay, schools definitely have specific expectations. The accepted format for medical school personal statements is a 4-5 paragraphs essay that contains an opening paragraph, 2-3 body paragraphs, and a concluding paragraph. This format has been proven to be successful many times over and is well-received by medical schools. Therefore, resist the urge to write your personal statement in a different style- it will not end well.

### OPENING PARAGRAPH

The main goal of the opening paragraph is to catch your reader's attention. Admissions officers read thousands of personal statements each application cycle. As a result, they have little tolerance for bad and boring writing. If you do not give them a reason to read further, they are



likely to just skim through the rest of your essay. The best way to start your personal statement is with a *story*. This story should have a few key features:

- Interesting
- Demonstrate a positive aspect of your character (that you will further explore in the later paragraphs of your essay)
- Mostly true

It is absolutely essential that your opening story be interesting. Remember, the main objective of the opening paragraph is to catch the reader's attention. The secondary function of your opening paragraph is to set the tone for the rest of your essay. Therefore, your story should introduce some of the skills and/or characteristics that you will discuss in the remainder of your essay. Your opening paragraph does not have to be related to medicine. Many successful personal statements have started with stories about sports, cooking, family history, and a variety of non-medical topics. Feel free to be creative about your opening story- you can even embellish the details *a little bit*. Just make sure the basic facts of the story are rooted in reality. Medical schools may ask you about your story during your interview and you don't want to be caught in your fabrications.

## BODY PARAGRAPHS

The body paragraphs are the meat of your personal statement. This is where you will provide your proof that you are an ideal candidate for medical school. You can best accomplish this by providing specific examples of your skills/characteristics in action. In these paragraphs, you will want to reference your clinical experience and demonstrate your ability to relate well to patients.

## CONCLUSION PARAGRAPH

The conclusion paragraph summarizes and re-emphasizes the main arguments of your essay. If you have enough space, you can also briefly touch on your future career goals in this paragraph.

## THE EASY WAY TO WRITE A PERSONAL STATEMENT

As you are reading this guidebook, you may be feeling a bit overwhelmed with the prospect of writing your personal statement. Don't feel bad- that's a perfectly normal reaction. The truth of the matter is writing a personal statement can be extremely difficult. Writing a great personal statement that gets you into medical school is even harder!

However, it doesn't have to be that way! There is a **simple, low-stress, and fun** way to write your medical school personal statement. You *can* write a personal statement for medical school without misery! Don't settle for being just another paper on an admissions officer's desk. Write a personal statement that will make them pay attention!

Code Blue Essays is proud to present the **Superhero Training Academy**- the easy way to write your medical school personal statement. This is a comprehensive, self-paced, **personal statement writing program**. Easy fill-in-the-blank templates will guide you through the process of choosing your ideal topic through developing it into a strong, engaging personal statement. In addition, you will have the opportunity to review your work with an expert physician every step of the way! Your physician mentor will ensure that you are on the right track and provide helpful feedback and guidance. Once you have completed your draft, they will provide **comprehensive personal statement editing** and make sure that your essay is ready to impress medical schools.

## Superhero Training Academy

*Write a personal statement so good that medical schools remember your name*



Don't let a bad essay ruin your chances of getting into medical school! The Superhero Training Academy will guide you to a winning medical school personal statement.

- Simple and effective templates
- Easy step-by-step instructions
- Regular check-ins with a physician mentor
- Gamified presentation makes the process fun
- Comprehensive guidance from topic development to final revisions

**Order Now!**

The number of people applying to medical school has made the application process brutal. If you are serious about getting into medical school, you need to focus on getting interviews. In order to get invited for interviews, you must have a strong personal statement. Don't make the fatal mistake of turning in a substandard personal statement. Join the Superhero Training Academy and be confident that your essay will be an asset to your medical school application. Our method is **low-stress, fun, and produces great results**. If you're ready to improve your chances of getting into medical school, sign up for the program... but *hurry*, early applicants to medical school fare much better in the application cycle. This is because the vast majority of medical schools have rolling admissions. That means that they accept candidates as soon as they determine that they are a good fit, rather than waiting until they have reviewed every application of the year. For this reason, you have a much greater probability of being accepted to medical school if you apply early in the application season instead of waiting until the final deadline.



You can register for the Superhero Training Academy at:

<https://www.codeblueessays.com/product/superhero-training-academy/>

