# RESIDENCY APPLICATION MISTAKES TO AVOID

AVOIDING THESE MISTAKES WILL INCREASE YOUR CHANCES OF BEING ACCEPTED INTO YOUR RESIDENCY PROGRAM!

Your residency application is a vital step to matching into a competitive, prestigious residency program where you will learn how to practice medicine in the field of your choice.

It's the first impression you will have on program directors that will inevitably get you interviews and increase your chances.

If you're applying for a program the first time or even re-applying to a residency program, there are ways to improve and enhance your application.

# 8 RESIDENCY APPLICATION MISTAKES



#### **APPLYING TO THE 'WRONG' SPECIALTY**

You are choosing the type of work you'll be doing for the rest of your career. Make sure you:

- Enjoy it
- Have experience working in it
- That your personality fits with others in the field
- Meet all the qualifications

If your program strongly suggests you have research experience on your CV, this typically means they "require" it or your application won't be reviewed. If you are applying to a tough specialty, be prepared for a secondary specialty application that's more realistic for your background.



# **POORLY WRITTEN PERSONAL STATEMENT**

Your personal statement has the power to make or break your chances of securing an interview. Double-check your grammar, tone, and make sure you're not coming across as too stiff.



# REPURPOSING YOUR MED SCHOOL PERSONAL STATEMENT

Show that you have more experience, maturity, and career experience than you did before applying for medical school.



# **INADEQUATE LETTERS OF RECOMMENDATION**

Get to know physicians in your specialty that will write letters highly recommending you.



# **NOT ENOUGH RESEARCH ABOUT YOUR PROGRAMS**

There can be big differences between programs even within the same specialty. Make sure you're a good fit and meet the basic requirements for each program you apply to.



# YOU DON'T IDENTIFY YOUR STRENGTHS

It's your job to convince program directors to offer you an interview. Know and clearly identify your strengths.



# **FAILING TO PROOFREAD YOUR APPLICATION**

Minor mistakes and typos send the wrong message. Proofread your application.



# **CERTIFYING YOUR APPLICATION PREMATURELY**

You only have one chance to certify your ERAS application. Once certified, no other adjustments can be made.

